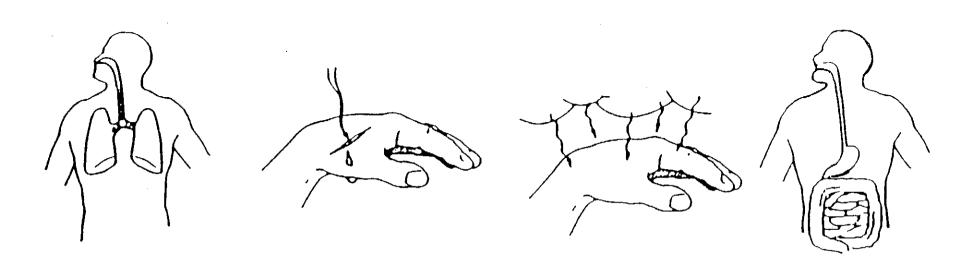
#### Radioactive materials may enter the body by:



inhalation

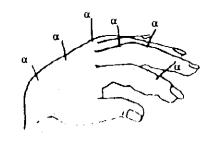
cuts/wounds

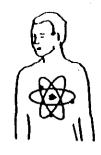
absorption

ingestion

## Alpha radiation is only a hazard when inside your body (INTERNAL HAZARD).

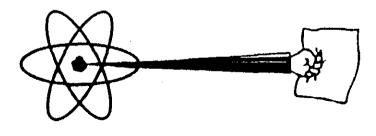
cannot get through skin

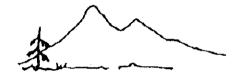




internal hazard

stopped by paper





soil, radon, and heavy man-made elements

### Beta radiation is a SKIN, EYE, and INTERNAL HAZARD.

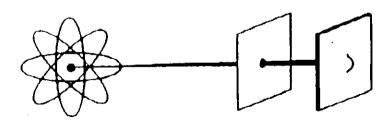
skin, eye, and internal hazard







stopped by plastic



natural food, water, air

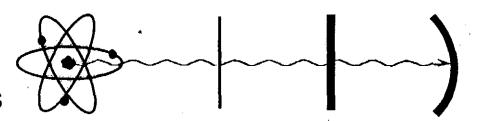




medical, research, reactors, fallout

### X and gamma radiation are penetrating radiation and an EXTERNAL HAZARD.

stopped by dense shielding or large amounts



naturally present in soil and in cosmic radiation



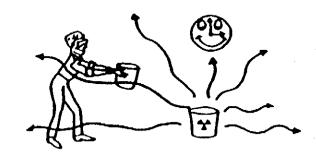


medical, radioactive materials

## Basic protective measures used to reduce external exposure are:

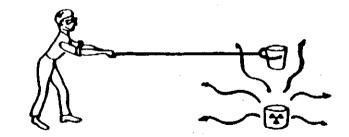
TIME

reduce time



**DISTANCE** 

increase distance

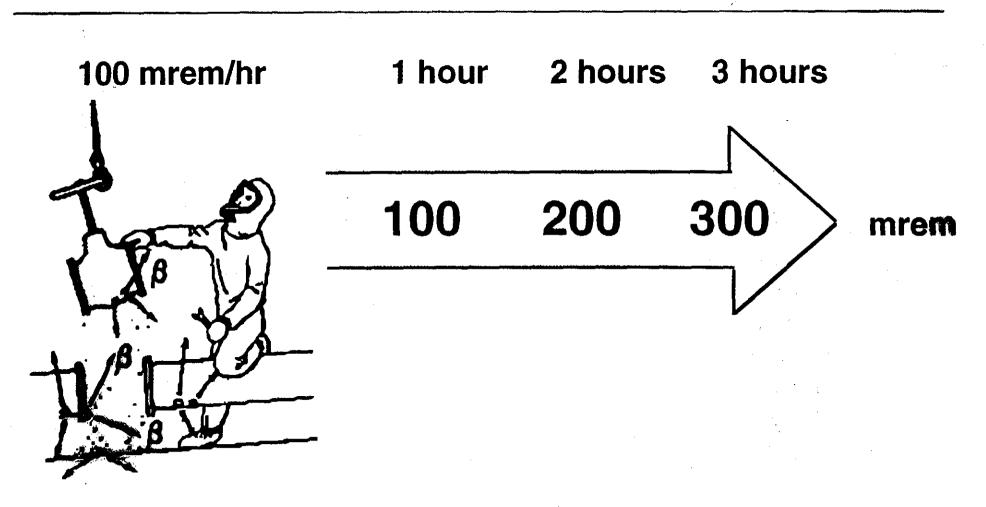


SHIELDING

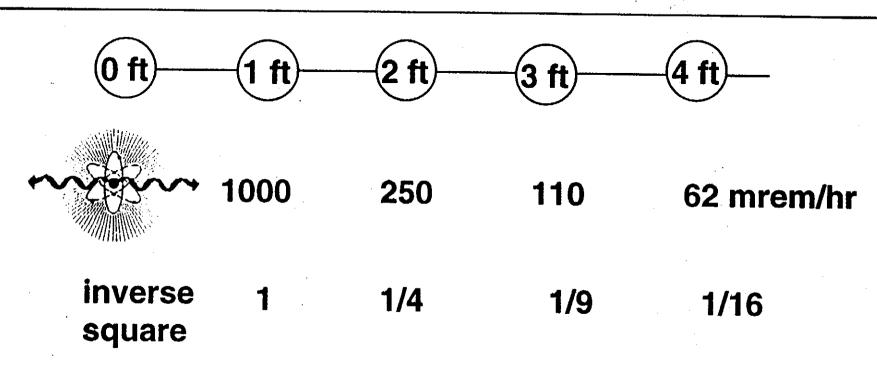
use shielding



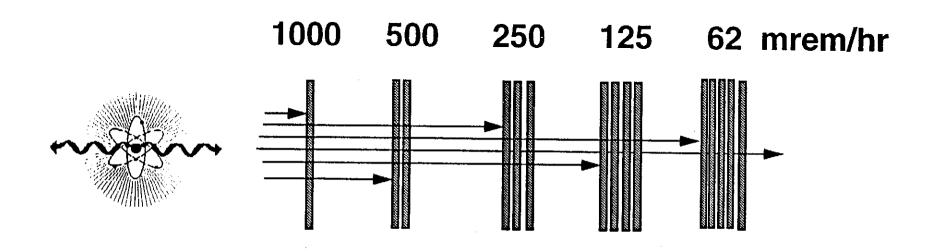
### Reducing the time in a field of radiation will lower the dose received.



## Stay as far away from sources of radiation as practical.

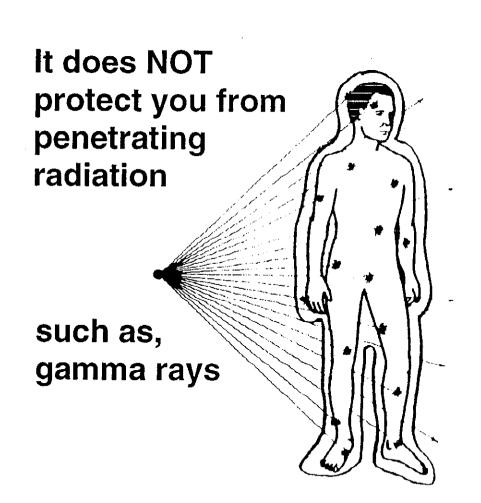


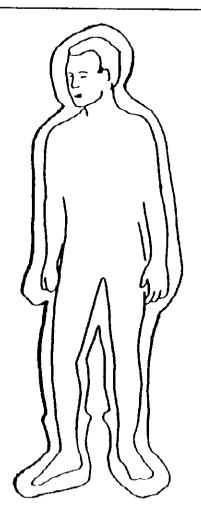
#### Shielding can reduce the radiation dose.



1 HLV 2 HLV 3 HLV 4 HLV 5 HVL

# Personnel protective clothing is to protect your skin and personal clothing.





## RADIOACTIVE CONTAMINATION is radioactive material where you don't want it.

