

Adult Learning Review Questions

1. What is the difference between education and training?
2. What is the premise of adult learning theory?
3. What are the five adult learning principles?
4. What are the different learning styles that you will encounter in the classroom?
5. Why is it important for an instructor to consider the three primary learning styles before developing lesson content?

(Question on next page)

6. What are the three primary learning styles that competency-based training should focus?